

CENTRO ESCOLAR UNIVERSITY
Manila
School of Nutrition and Hospitality Management

FOUR-YEAR PROGRAM LEADING TO THE DEGREE
BACHELOR OF SCIENCE IN NUTRITION AND DIETETICS
Effective School Year 2023-2024

FIRST YEAR

First Semester										
Class Code	Descriptive Title	Units				No. of Hours				Pre-requisite
		Lec	Lab	Prac	Total	Lec	Lab	Prac	Total	
PCBI102	Human Anatomy and Physiology	3	2	0	5	3	6	0	9	PCZO100
PCCH100	Inorganic Chemistry	2	1	0	3	2	3	0	5	NONE
PRNT121	Basic Foods I	2	1	0	3	2	3	0	5	NONE
COMA11	Mathematics in the Modern World	3	0	0	3	3	0	0	3	NONE
COPY11	Understanding the Self	3	0	0	3	3	0	0	3	NONE
COPE21	PATH-FIT 1: Movement Competency Training	2	0	0	2	2	0	0	2	NONE
COSH11	Empowering the Self	2	0	0	2	2	0	0	2	NONE
COSH21	Religion: History and Texts	3	0	0	3	3	0	0	3	NONE
TOTAL		20	4	0	24	20	12	0	32	

Second Semester										
Class Code	Descriptive Title	Units				No. of Hours				Pre-requisite
		Lec	Lab	Prac	Total	Lec	Lab	Prac	Total	
PCBI105	Microbiology and Parasitology	3	2	0	5	3	6	0	9	NONE
PCCH103	Organic Chemistry	3	2	0	5	3	6	0	9	PCCH100
PRNT122	Basic Foods II	2	1	0	3	2	3	0	5	PRNT121
COLA31	Foreign Language 1	3	0	0	3	3	0	0	3	NONE
COSH41	Readings in Philippine History	3	0	0	3	3	0	0	3	NONE
COPE22	PATH-FIT 2: Swimming/Recreation	2	0	0	2	2	0	0	2	NONE
TOTAL		16	5	0	21	16	15	0	31	

SUMMER										
Class Code	Descriptive Title	Units				No. of Hours				Pre-requisite
		Lec	Lab	Prac	Total	Lec	Prac.	Prac	Total	
PCBA102	Principles of Accounting	3	0	0	3	3	0	0	3	NONE
PCCH104	Biochemistry	3	2	0	5	3	6	0	9	PCCH103
TOTAL		6	2	0	8	6	6	0	12	

SECOND YEAR

First Semester										
Class Code	Descriptive Title	Units				No. of Hours				Pre-requisite
		Lec	Lab	Prac	Total	Lec	Lab	Prac	Total	
PRNT124	Meal Management	2	1	0	3	2	3	0	5	PRNT122
PRNT131	Basic Nutrition	3	2	0	5	3	6	0	9	PCBI102, PCCH104, PRNT121
PRPY122	Developmental Psychology	3	0	0	3	3	0	0	3	NONE
COLA11	Purposive Communication	3	0	0	3	3	0	0	3	NONE
COLA32	Foreign Language 2	3	0	0	3	3	0	0	3	COLA31
CONS21	Science, Technology and Society	3	0	0	3	3	0	0	3	NONE
COSH31	Art Appreciation	3	0	0	3	3	0	0	3	NONE
COSH43	The Life and Works of Rizal	3	0	0	3	3	0	0	3	NONE
COPE23	PATH-FIT 3: Dance/Individual-Dual Sports	2	0	0	2	2	0	0	2	NONE
CONP11	NSTP 1	3	0	0	3	3	0	0	3	NONE
TOTAL		28	3	0	31	28	9	0	37	

Second Semester										
Class Code	Descriptive Title	Units				No. of Hours				Pre-requisite
		Lec	Lab	Prac	Total	Lec	Lab	Prac	Total	
PCLA111	Technical Writing	3	0	0	3	3	0	0	3	NONE
PCMA101	Biostatistics	3	0	0	3	3	0	0	3	NONE
PRNT123	Fundamentals of Food Technology	2	1	0	3	2	3	0	5	PCBI105, PRNT122
PRNT125	Foodservice System I	3	2	0	5	3	6	0	9	PCBI105, PCBA102, PRNT122
PRNT132	Nutritional Assessment	2	1	0	3	2	3	0	5	PRNT131
COMA51	Understanding the Data Around Us	3	0	0	3	3	0	0	3	NONE
COSH42	The Contemporary World	3	0	0	3	3	0	0	3	NONE
COPE24	PATH-FIT 4: Team Sports/Games	2	0	0	2	2	0	0	2	NONE
CONP12	NSTP 2	3	0	0	3	3	0	0	3	CONP11
TOTAL		24	4	0	28	24	12	0	36	

SUMMER										
Class Code	Descriptive Title	Units				No. of Hours				Pre-requisite
		Lec	Lab	Prac	Total	Lec	Prac.	Prac	Total	
PRNT133	Nutrition in the Life Stages I	2	1	0	3	2	3	0	5	PRNT132
PRNT141	Nutrition Care Process	3	0	0	3	3	0	0	3	PRNT132
TOTAL		5	1	0	6	5	3	0	8	

THIRD YEAR

First Semester										
Class Code	Descriptive Title	Units				No. of Hours				Pre-requisite
		Lec	Lab	Prac	Total	Lec	Lab	Prac	Total	
PCED104	Teaching Methods and Strategies	3	0	0	3	3	0	0	3	PRPY122
PRBA161	Entrepreneurial Management	3	0	0	3	3	0	0	3	NONE
PRNT126	Foodservice System II	3	2	0	5	3	6	0	9	PRNT125
PRNT134	Nutrition in the Life Stages II	2	1	0	3	2	3	0	5	PRNT133
PRNT142	Nutrition Therapy I	2	1	0	3	2	3	0	5	PCCH104, PRNT124, PRNT141
PRNT191	Food and Nutrition Research I	2	1	0	3	2	3	0	5	PCMA101, PRNT125, PRNT132
PRNT193	Experimental Food Research	1	2	0	3	1	6	0	7	PRNT126, PRNT191
COLA21	Malikhaing Komunikasyon Gamit ang Panitikang Popular	3	0	0	3	3	0	0	3	NONE
COSH32	Ethics	3	0	0	3	3	0	0	3	NONE
TOTAL		22	7	0	29	22	21	0	43	

Second Semester										
Class Code	Descriptive Title	Units				No. of Hours				Pre-requisite
		Lec	Lab	Prac	Total	Lec	Lab	Prac	Total	
PCSH101	Logic and Critical Thinking	3	0	0	3	3	0	0	3	NONE
PCSA111A	Health Economics with Taxation and Land Reform	3	0	0	3	3	0	0	3	NONE
PRNT135	Nutrition Education	2	1	0	3	2	3	0	5	PRNT133
PRNT136	Public Health Nutrition	2	1	0	3	2	3	0	5	PRNT134, PRNT135
PRNT143	Nutrition Therapy II	2	1	0	3	2	3	0	5	PRNT142
PRNT192	Food and Nutrition Research II	2	1	0	3	2	3	0	5	PRNT191
COLA51	Expository Writing for Global Communication	3	0	0	3	3	0	0	3	COLA 11
COSH12	Living and Loving Relationships	2	0	0	2	2	0	0	2	NONE
COSH22	Man, Church and Society	3	0	0	3	3	0	0	3	NONE
TOTAL		22	4	0	26	22	12	0	34	

FOURTH YEAR

First Semester										
Class Code	Descriptive Title	Units				No. of Hours				Pre-requisite
		Lec	Lab	Prac	Total	Lec	Lab	Prac	Total	
PRNT181	Seminar in Nutrition I	1	0	0	1	1	0	0	1	PRNT126, PRNT136, PRNT143
PRNT183	Foodservice Practicum (300 hrs)	0	0	6	6	3	0	17	20	PRNT126, PRNT136, PRNT143
PRNT184	Public Health Nutrition Practicum (300 hrs)	0	0	6	6	3	0	17	20	PRNT126, PRNT136, PRNT143
PRNT199	Interprofessional Education and Practice	1	0	0	1	1	0	0	1	PRNT126, PRNT136, PRNT143
TOTAL		2	0	12	14	8	0	34	42	

Second Semester										
Class Code	Descriptive Title	Units				No. of Hours				Pre-requisite
		Lec	Lab	Prac	Total	Lec	Lab	Prac	Total	
PRNT182	Seminar in Nutrition II	1	0	0	1	1	0	0	1	PRNT126, PRNT136, PRNT143
PRNT185	Hospital Dietetics Practicum - 600 hrs.	0	0	12	12	3	0	34	37	PRNT126, PRNT136, PRNT143
PRNT186	Fitness and Sports Nutrition Practicum-100 hrs.	0	0	2	2	1	0	6	7	PRNT126, PRNT136, PRNT143,
TOTAL		1	0	14	15	5	0	40	45	

Total No. of Units:

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